

Parent & Child Activity Calendar

Elementary School

Lincoln Acres Elementary School
Mr. Raymond Ruiz, Principal



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October						
		1 Have a contest: How many words can you and your child make from the letters in OCTOBER?	2 Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	3 Watch the news with your child. Locate one place mentioned on a world map.	4 Set aside time every day for reading aloud. Sometimes, let your child read to you.	5 Put on music and spend 15 minutes drawing or writing with your child. Let the music be your inspiration.
6 Write your child's name vertically. Have her use each letter in her name to begin a line of a poem.	7 With your child, learn to say <i>hello</i> in three other languages.	8 Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	9 Talk about <i>honesty</i> and why it is so important. Find examples of people who demonstrate honesty.	10 Let your child plan dinner tonight. How many food groups can he include?	11 Take the Geography Challenge. Name a state, province or country. Who can call out its capital first?	12 Have a music-sharing night where everyone shares their favorite music. Talk about how it makes each of you feel.
13 Enjoy some outdoor physical activity as a family today.	14 Have your child close her eyes. Make a sound and ask her to guess what you are doing.	15 Ask your child to tell you the three best things about himself.	16 Start a made-up story. "A man went down the road and he met a _____." Let your child finish the story.	17 Encourage your child to sort her books by subject. She can use the library's system or invent her own.	18 Talk with your child about something he did well today.	19 Have a jump rope contest. See how many jumps your child can do in a row.
20 Bake cookies with your child. If you're doubling a recipe, have her do the math.	21 Talk with your child about ways to handle stress. Exercising and talking to someone are great options.	22 Choose a number, then have your child list all the things he can think of that come in that number.	23 Let your child see you keep your temper when you are angry. Instead of yelling, talk calmly about how you feel.	24 Ask your child to imagine life 150 years ago. How about 150 years in the future?	25 Give your child a measuring tape. Ask her to measure and record the dimensions of objects in your house.	26 Choose a book to read that you and your child can both enjoy.
27 It's Teddy Roosevelt's birthday. Look up facts about this president and protector of the environment.	28 Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?	29 If your child could be a famous person in history, who would he be? Why?	30 Have a contest: Who can name the most parts of the body? (Organs count, too.)	31 Post a new vocabulary word and its definition on the bathroom mirror. Change it every three or four days.	2019	